

INSPIRATION -RCBN



*Let's
Inspire!*



RCBN

PRESIDENT 2025-26

What Community-led development looks like



October is Rotary's Community Economic Development Month, a time to spotlight our efforts to help communities build thriving, sustainable future. This month's observance aligns perfectly with the Rotary core value of leadership.

Leadership means empowering people to guide their own progress. That is precisely what Rotary's economic development projects aim to achieve.

Take, for example, a recent initiative in southern India in which Rotary members unlocked the power of women of the Adivasi tribal groups through sewing training to earn a living and regain social inclusion.

Historically, widows and abandoned women in this region lose social standing and are shunned by society or blamed for their misfortunes.

Opportunities to support themselves or obtain training are minimal.

This year, the Rotary Club of Windsor Roseland, Ontario, partnered with clubs in Districts 3203 and 3234 in India — and with the Indian organisation Sevalaya Trust to provide sewing machines and training to 80 Adivasi women. They learned to stitch saree blouses, kurta tunics, and salwar suits, enabling them to support themselves and their families. Each woman received a certificate for completing the programme, and the sewing machine-provider offered free long-term maintenance for the machines. The project offered vital income and dignity to women ostracised by society after widowhood.

This story is one example of Rotary leadership in action: local people guiding solutions that address their community needs. Our role is not to deliver charity or to impose outside models, but to foster self-reliance by investing in leadership, skills, and sustainable enterprise.

This October, I invite Rotary members worldwide to reflect on economic leadership in their communities. Who is stepping forward to lead local economic initiatives? Where is untapped talent that could be supported with training or mentorship? How can your club catalyse opportunity through partnerships with local businesses, vocational schools, or savings groups? Leadership is not always about being visible. Sometimes it means listening, working collaboratively, and amplifying the voices of others. That approach lies at the heart of Rotary's philosophy and our lasting impact on economic development.

By building capacity — whether through micro-credit groups, vocational training workshops, or entre-preneurship programmes we enable communities to lead their own transformation. When people take ownership of their progress, change becomes sustainable.

Let us lead with good intention and provide support with heart. By nurturing local leadership, we can create opportunities that ripple through communities, empowering individuals, families and societies. Together, we can support economies that work for everyone and enact community development projects that last.

Francesco Arezzo
President, Rotary International



**The best way
to find yourself
is to lose yourself
in the service of others.**

THE FACE BEHIND THE ROLE

Rtn.Dr. Supratim Sen. MD Paediatrics, FNB Paediatrics Cardiology

My Professional Journey

After completing my post-graduation in Paediatrics, I pursued super-speciality training in Paediatric Cardiology, followed by a fellowship in the same field from Sydney, Australia. Returning to India in 2013, I began working as a Consultant in Paediatric Cardiology. Since 2017, I have been heading the Department of Paediatric Cardiology at SRCC Children's Hospital, Mumbai, since its inception.

What Attracted Me to Paediatric Cardiology:-

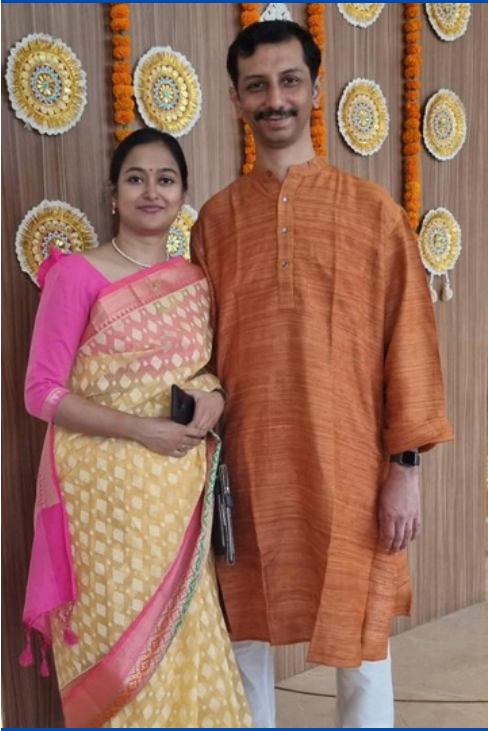
Children with heart disease often arrive in extremely critical conditions, yet the transformation we witness after timely diagnosis and treatment is nothing short of miraculous. A baby who once struggled to breathe and had dangerously low oxygen levels can, within a week of treatment, go home healthy and active. This remarkable recovery is what makes my speciality so fulfilling. The procedures we perform in the cath lab—such as device closures and stenting—are intricate and often performed on tiny infants weighing as little as 3 to 4 kilograms. The combination of technical precision, emotional connection, and the joy of seeing children thrive makes paediatric cardiology both challenging and immensely rewarding.

How I Strive to Make a Difference -

Many children with congenital heart defects come from economically weaker families, especially in rural areas where access to specialized medical care is limited. Early detection is key to ensuring good outcomes, so I actively collaborate with government initiatives like the Rashtriya Bal Swasthya Karyakram (RBSK) to conduct free cardiac screening camps in remote regions of Maharashtra, Madhya Pradesh, Odisha, and Assam. During these camps, we screen hundreds of children using echocardiography and identify those who need further treatment. Their surgeries and interventions are then supported through government schemes, Rotary, and other philanthropic organizations, ensuring that financial constraints never hinder life-saving care.

What Rotary Means to Me -

Rotary provides a unique platform to connect with compassionate, service-minded professionals from diverse fields who share a commitment to improving lives. The values and guiding principles of Rotary deeply resonate with my own. The dedication and enthusiasm of fellow Rotarians continue to inspire me, and through Rotary's network and collective spirit, I hope to extend the reach of my work and make a greater positive impact on society than I could ever accomplish alone.



ANN-TASTIC MOMENTS ...

A Passionate Philanthropist Femisa Arsiwala



She a passionate philanthropist and community leader deeply committed to the cause of women's empowerment and education. A Past President of Inner Wheel, she has dedicated herself to numerous social initiatives that uplift and empower underprivileged communities.

Through her work with DT Vatanya and other social platforms, Femisa has played an instrumental role in creating opportunities for women and young girls. She has been actively involved with the National Girls School, where she has contributed significantly to the educational advancement of over 2,300 female students, helping the institution achieve an exceptional cent percent academic result, a reflection of her belief in the transformative power of education.

Femisa's journey in community service is also shaped by her experience working alongside her husband, Rotarian Abbas Arsiwalla, during his Rotary presidency in 2012-2013. Together, they championed numerous community welfare projects, strengthening her conviction in service above self.

Her compassionate leadership, hands-on involvement, and commitment to social upliftment continue to inspire many within and beyond her community.



From the Editor's Desk

After three issues, I must confess — I'm still trying to grasp the elusive art of what should go in and what shouldn't. It's a delicate balancing act, and honestly, quite an intriguing study in human psychology. No matter how much thought goes into each page, there's always a chorus of voices from all directions — suggestions, opinions, and the occasional banter. It's heartwarming to know people care, yet it often feels like appreciation is reserved only for what's missing rather than what's done. Still, the journey continues — learning, unlearning, and evolving with each edition. After all, perfection might be a myth, but passion surely isn't.

World Polio Day

24th October'25

World Polio Day

**Rotary International is
instrumental in
eradication of Polio from
the World.**

Rotary International



Olayinka Hakeem Babalola, a member of the Rotary Club of Trans Amadi, Nigeria, has been selected by the Board of Directors to become Rotary International's president for 2026-27. His term will begin on 1 July 2026.

The Board, guided by the RI code of policies, conducted a special session to select the organization's leader after the resignation of RI President-elect SangKoo Yun, who decided to step back from his Rotary responsibilities and focus on his recovery from recent cancer treatment. Babalola and his wife, Preba, live in the city of Port Harcourt. He supports The Rotary Foundation with a named endowment and as an Arch Klumph Society member. A trustee of ShelterBox UK, he is a recipient of the Africa Centennial Heroes Award, the Regional Service Award for a Polio-Free World, the RI Service Above Self Award, and The Rotary Foundation Citation for Meritorious Service.

Touching Lives- One Project At A Time



**5th Oct'25- RCBN and IWCBN distributed 156
solar Lamps at Gangodi village in Palghar**

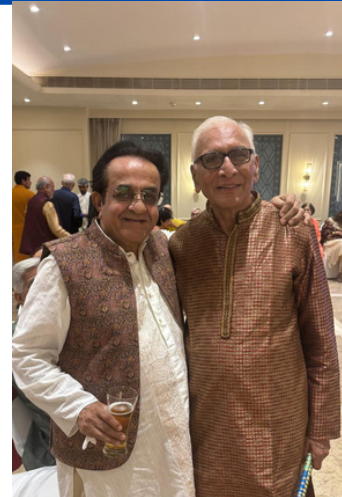
Upcoming Club Projects

- 1. 2nd Nov - 9th Nov:
Rotary Service Week**
- 2. 23rd Nov: Medical camp
for Children at Tardeo**

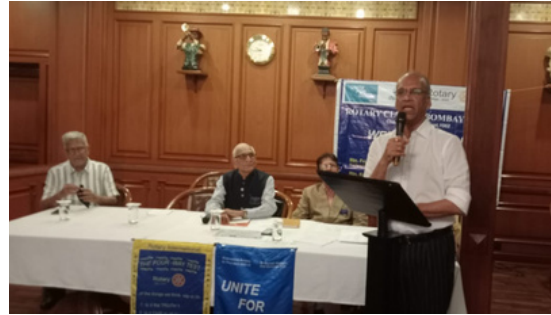
ISSUE 4/OCTOBER 2025

Diwali Celebrations

17th October'25



Once a week - Rendezvous



4th Oct'25 - Filmo Ki Kahani komal Nahata ki Zubaani
Speaker talks about his experiences in writing film reviews and reporting box office collections.



9th Oct'25- World Mental Health Day
RCBN in association with MANAV Foundation organized a awareness Program which featured a Panel discussion on'How Social Factors Shape Mental Health.

Once a week - Rendezvous



**25th Oct'25-
Sister Duo
Dr.Riddhe Shilpi &
Dr. Kruti Desai
An interesting take
on Vastu, Ancient
science,
Numerology &
Family
Constellation.**

